

# Arun District – People and Places

## Residents 158,700

7.4% increase since 2007, in the main due to inward migration to the area from other parts of the UK, a 9+% increase is projected in next 10 years



**Births**  
1,478



**Deaths**  
2,165

Population relates to 2017, births and deaths 2016

## Getting Better



- **Teenage Pregnancy** has fallen considerably in Arun.
- **There were 26 teenage conceptions in 2017**, down from 110 in 2008.

**Life Expectancy** has improved for men and women over the last 15 years.

**79.8 years**

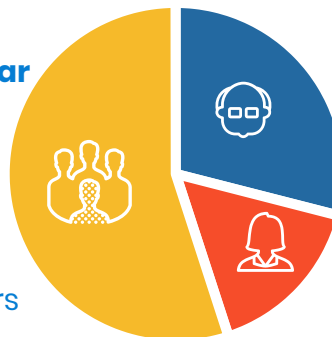
For **MEN**, life expectancy has increased from 77.5 years (2001-2003) to 79.8 years (2015-2017)

**83.5 years**

For **WOMEN**, life expectancy has increased from 81.8 years (2001-2003) to 83.5 years (2015-2017)

## Age Structure

The resident population has a **far older age profile compared with England**, with 16% aged 0-15 years (England=19%) and 29% aged 65+ years (England, 18%)



## Poverty

**6,400** Older people estimated to be living in poverty



Living on incomes 60% of median income (Index of Deprivation 2015)

**3,600+**



**Children aged 0-15 yrs living in poverty**

Areas in Littlehampton & Bognor rank within **poorest 10%** of neighbourhoods in England

## At the time of the 2011 Census...



**Over 5,000 people 65+ were carers**

1,800 caring for 50 hours a week or more



**12,000 people 65+ lived alone** and at greater risk of loneliness,



**5%+ of 65+ population lived in residential or nursing homes**

In 2011 2,000 older people lived in residential or nursing homes.



## Top Places to Live & Retire

Frequently featured in national surveys and rated as **top places people chose to live, retire or work....** and the county has some of the sunniest places in the UK!



*Greetings from...* **Arun is rich in natural, cultural and historical assets.....**

Beautiful countryside, vibrant coastal resorts, market towns and villages. Lots of community and voluntary groups, associations and activities.



# Arun District – Challenges

## Importance of the wider determinants of health



- **Statutory homelessness** – Eligible Homeless People Not In Priority need per 1,000 households – highest amongst CIPFA neighbours.
- **79 households in 2017/18** (rate of 1.1 per 1,000 households)



**£507.20**  
per  
week

- In 2018 Arun had the **4th lowest full-time earnings per week in the South East** (£507.20 gross pay per week for full-time workers\*)
- **It was particularly low for female workers** (£431.20 – the 2nd lowest in the South East after Gravesham)



**Social  
Mobility**

- The State of the Nation (2017) report on Social Mobility ranked all 324 lower-tier local authorities in England on a range of social mobility indicators.
- **Arun was identified as a cold spot for adulthood** (i.e. in the lowest ranked 20% of LAs in the country)

\*Median earnings in pounds for employees living in the area

Source: ONS annual survey of hours and earnings – resident analysis [2018]

## Need to reduce harms & threats to health

### Violent Crime has increased over the last 5 years



**2,927**

violent offences (including sexual violence) in 2017/18 compared with 1,624 in 2012/13. In 2017/18 this represented a rate of 18.6 per 1,000 population, lower than the England rate of 23.6 per 1,000.

Some **screening rates** are low compared with other similar local authorities

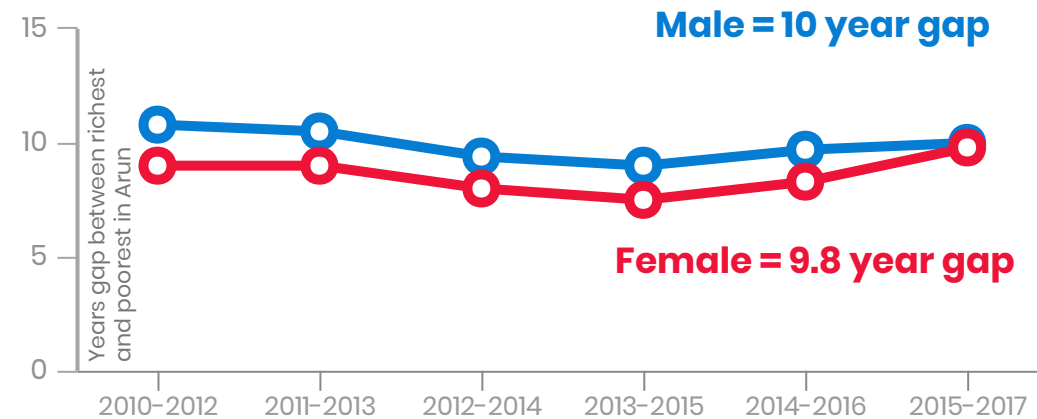


**71.4%**

of women aged 25 – 64 attending **cervical** screening within target period (3.5 or 5.5 years) lowest of comparable local authorities and fallen in last 5 years (in line with national trend).

## Inequality within the District

The gap between **life expectancy** of the people in the most deprived areas compared with the least deprived has increased



## Maximise prevention opportunities

### Childhood Obesity



**Approx. 19%** of Year 6 pupils (10/11 year olds) are obese.

### Alcohol



**1,084 alcohol-specific hospital admissions** between 2017/2018.



### Smoking

**Estimated 22,000 adults are current smokers** (17% of 18+ population)



### Physical Activity (and inactivity)

**22% adults** estimated to be **physically inactive** (spending < 30 minutes doing moderate intensity exercise per week).



**67% adults** estimated to be **physically active** (doing 150 minutes of moderate intensity exercise per week).