#### Horsham District - People and Places

#### **Residents** 140,100

9% increase since 2007, in the main due to inward migration to the area from other parts of the UK, a 7+% increase is projected in next 10 years



Births

(2017 data)

#### **Getting Better**

- Teenage Pregnancy has fallen considerably in Horsham
- There were 15 teenage conceptions in **2016**, down from 57 in 2006.

### **Life Expectancy** has improved for men and women over the last 15 years.

**82.3 years** 

For **MEN**, life expectancy has increased from 78.7 years (2001-2003) to 82.3 years (2015-2017)

**84.7 years** For **WOMEN**, life expectancy has increased from 82.7 years (2001-2003) to 84.7 years (2015-2017)

**Age Structure** 

The resident population has an **older age profile compared with England,** with 18% aged 0-15 years (England=19%) and 22% aged 65+ years (England, 18%)

## 

#### Poverty

5,250 Housing Benefit claimants in May 2018.



**Older people** living in poverty (2015 data from index of deprivation)



**Children aged 0-15 yrs** living in poverty

#### At the time of the 2011 Census... Over 3,500 people 65+ were



#### 7,500 people 65+ lived alone

and at greater risk of loneliness.,

### 40%+ of households in areas classified as rural

In 2011, this included 4,600 lone pensioner households



Frequently featured in national surveys and rated as **top places people chose to live, retire or work....** and the county has some of the sunniest places in the UK!



#### Horsham is rich in natural, cultural and historical assets......

Beautiful countryside, vibrant towns, villages and the South Downs. Lots of community and voluntary groups, associations and activities.











#### Horsham District - Challenges

### Importance of the wider determinants of health

#### **Housing Affordability**

14.2:1 • Horsham has the highest lower quartile house price to lower quartile earnings ratio (14.2:1) in the West Sussex.



• In 2018, of the 2,370 properties sold in Horsham only 1 in 4 was less than £300,00\*.

\*Data from the Land Registry



**The number of people killed or seriously injured** (KSI rate) on roads in Horsham is significantly higher than England.



In 2015-17 there were **274 people killed or seriously injured**, representing a rate of 65.9 per 100,000 population (England rate of 40.8)

# Increasing numbers people with long-term health conditions

Increasing number of older people means that, using existing prevalence assumptions, by 2030 Horsham will have.....



**1,200+ more older people living with dementia** current estimate 2,200, projected to increase to 3,500



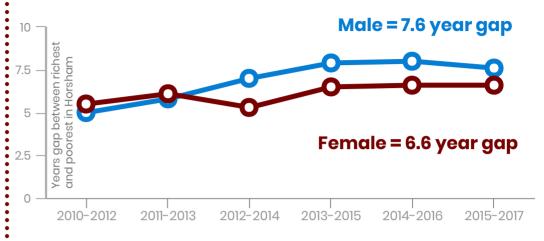
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**500+ more older people with sight loss** current estimate 930, projected to increase to 1,450

1,400+ more older people living with hearing loss\* current estimate 2,500 projected to increase to 3,950

#### Inequality within the District

The gap between **life expectancy** of the people in the most deprived areas compared with the least deprived has increased



#### Maximise prevention opportunities

#### **Childhood Obesity**



Approx. 12% of Year 6 pupils (10/11 year olds) are obese.

#### Alcohol



**684 alcohol-specific hospital admissions** between 2017/2018.

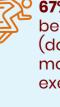
#### Smoking Estimated 10

**Estimated 10,000 adults are current smokers** (9% of 18+ population)

#### Physical Activity (and inactivity)



**19% adults** estimated to be **physically inactive** (spending < 30 minutes doing moderate intensity exercise per week).



**67% adults** estimated to be **physically active** (doing 150 minutes of moderate intensity exercise per week).