

Residents 148,300

11% increase since 2007, due to more births than deaths and inward migration from other parts of the UK, a 9% increase is projected in next 10 years



Births
1,543

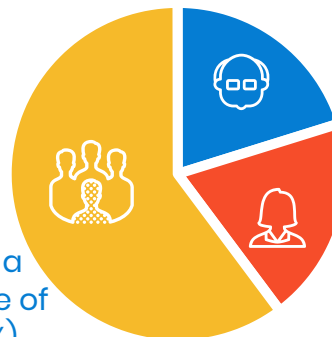


Deaths
1,398

(2017 data)

Age Structure

The resident population has **more people 65+ compared with England**, 20% aged 65+ years (England, 18%), but a similar percentage of 0-15 year olds (20%)



Poverty



5,400 Housing Benefits claimants in Mid Sussex in May 2018



2,700+ Older people living in poverty (2015 Index of Deprivation data)



1,950+ Children aged 0-15 yrs living in poverty

Getting Better



- **Teenage Pregnancy** has fallen considerably in Mid Sussex.
- There were **15 teenage conceptions in 2016**, down from 47 in 2006.

Life Expectancy has improved for men and women over the last 15 years.

81.3 years

For **MEN**, life expectancy has increased from 77.8 years (2001-2003) to 81.3 years (2015-2017)

85.0 years

For **WOMEN**, life expectancy has increased from 81.7 years (2001-2003) to 85.0 years (2015-2017)

At the time of the 2011 Census...



Over 3,400 people 65+ were carers
900 caring for 50 hours a week or more



7,500 people 65+ lived alone
and were at greater risk of loneliness.



1,200 people aged 65+ lived in residential care



Top Places to Live & Retire

Frequently featured in national surveys and rated as **top places people chose to live, retire or work....** and the county has some of the sunniest places in the UK!



Greetings from... Mid Sussex is rich in natural, cultural and historical assets.....

Beautiful countryside, vibrant towns, villages, woodlands and the South Downs. Lots of community and voluntary groups, associations and activities.



Mid Sussex District – Challenges

Importance of the wider determinants of health

Housing Pressures and Affordability

11.3 : 1



- Mid Sussex has a high **lower quartile house price to lower quartile earnings ratio** (11.3:1) higher than the South East average (10.3:1)
- In 2018, of the 2,401 properties sold in Mid Sussex less than 1 in 3 was less than £300,00*.



The number of people killed or seriously injured (KSI rate) on roads in Mid Sussex is significantly higher than England.



In 2015–17 there were **246 people killed or seriously injured**, representing a rate of 55.6 per 100,000 population (England rate of 40.8)

Increasing numbers people with long-term health conditions

Increasing number of older people means that, using existing prevalence assumptions, by 2030 Mid Sussex will have.....



1,200+ more older people living with dementia
current estimate 2,270, projected to increase to 3,500



500+ more older people with sight loss*
current estimate 900, projected to increase to 1,400

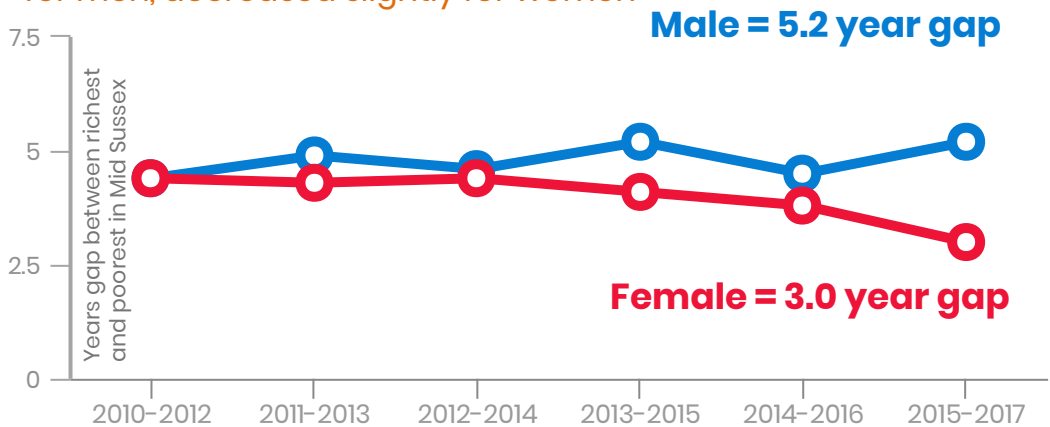


1,400+ more older people living with hearing loss*
current estimate 2,500 projected to increase to 3,900

*visual - visual acuity (VA) of less than 6/18 (moderate or severe), **hearing** - Prevalence of hearing loss in the better ear averaged across the mid-frequencies (0.5, 1, 2 and 4KHz).

Inequality within the District

The gap between **life expectancy** of the people in the most deprived areas compared with the least deprived has increased for men, decreased slightly for women



Maximise prevention opportunities

Childhood Obesity



Approx. 12% of Year 6 pupils (10/11 year olds) are obese.

Alcohol



660 alcohol-specific hospital admissions between 2017/2018.



Smoking

Estimated 20,000 adults are current smokers (18% of 18+ population)

Physical Activity (and inactivity)



16% adults estimated to be **physically inactive** (spending < 30 minutes doing moderate intensity exercise per week).



71% adults estimated to be **physically active** (doing 150 minutes of moderate intensity exercise per week).