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Accompanying tables for GBD mental disorders briefing

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These tables accompany a briefing which provides a summary on the latest release of the Global Burden of Disease and Risk Factors Study (GBD) and what it tells about 12 mental disorders included within the study for the South East and England.

Summary of prevalence measures provided by the GBD for the South East and England

Condition	Prevalence		
	Number	%	Age-standardized rate (per 100,000)
South East England			
Mental disorders	2,158,018 (1,980,199-2,341,278)	23.7% (21.8%-25.7%)	22,375 (20,538-24,109)
Anxiety disorders	1,111,421 (935,122-1,323,313)	12.2% (10.3%-14.5%)	11,633 (9,370-13,617)
Bipolar disorder	67,881 (58,446-77,358)	0.7% (0.6%-0.9%)	633 (541-745)
Depressive disorders	695,468 (650,941-741,376)	7.6% (7.2%-8.2%)	7,095 (6,627-7,561)
Other mental disorders	185,758 (149,569-229,521)	2% (1.6%-2.5%)	1,497 (1,192-1,862)
Schizophrenia	33,195 (28,510-38,784)	0.4% (0.3%-0.4%)	286 (242-335)
England			
Mental disorders	13,176,708 (12103032-14289851)	23.9% (21.9%-25.8%)	22,397 (20585-24147)
Anxiety disorders	6,820,433 (5759050-8083582)	12.3% (10.4%-14.6%)	11,738 (9494-13712)
Bipolar disorder	414,185 (358292-474093)	0.7% (0.6%-0.9%)	632 (544-746)
Depressive disorders	4,226,664 (3953190-4509477)	7.7% (7.1%-8.2%)	7,016 (6552-7493)
Other mental disorders	1,118,063 (899422-1383608)	2% (1.6%-2.5%)	1,497 (1192-1862)
Schizophrenia	194,052 (166769-225715)	0.4% (0.3%-0.4%)	276 (232-324)

Source. Global Burden of Disease Collaborative Network. Global Burden of Disease Study 2023 (GBD 2023) Results.
Seattle, United States: Institute for Health Metrics and Evaluation (IHME), 2024. Available from https://vizhub.healthdata.org/gbd-results/.

Measures of burden

Summary of Years Lived with Disability and Disability Adjusted Life Years provided by the GBD for the South East and England

Condition	YLDs (Years Lived with Disability)			DALYs (Disability-Adjusted Life Years)		
	Number	%	Age-standardized rate (per 100,000)	Number	%	Age-standardized rate (per 100,000)
South East England						
Mental disorders	340,145 (249,605-444,951)	22.9% (19.9%-26.8%)	3,569 (2,636-4,651)	340,263 (249,701-445,075)	11.4% (9.3%-13.7%)	3,570 (2,638-4,652)
Anxiety disorders	129,014 (89,541-182,804)	8.7% (6.8%-11.4%)	1,374 (949-1,940)	129,014 (89,541-182,804)	4.3% (3.3%-5.6%)	1,374 (949-1,940)
Bipolar disorder	14,274 (9,295-20,262)	1% (0.7%-1.3%)	135 (86-196)	14,274 (9,295-20,262)	0.5% (0.3%-0.7%)	135 (86-196)
Depressive disorders	130,421 (90,182-176,095)	8.8% (7.2%-10.5%)	1,359 (935-1,850)	130,421 (90,182-176,095)	4.4% (3.4%-5.5%)	1,359 (935-1,850)
Other mental disorders	13,463 (9,041-19,265)	0.9% (0.7%-1.2%)	110 (72-158)	13,463 (9,041-19,265)	0.5% (0.3%-0.6%)	110 (72-158)
Schizophrenia	20,663 (15,474-25,760)	1.4% (1%-1.8%)	180 (132-223)	20,663 (15,474-25,760)	0.7% (0.5%-0.9%)	180 (132-223)
England						
Mental disorders	2,076,504 (1522644-2717708)	23.2% (20.3%-27.2%)	3,562 (2634-4656)	2,077,181 (1523194-2718434)	11.2% (9.2%-13.4%)	3,563 (2636-4658)
Anxiety disorders	792,857 (550883-1108777)	8.9% (6.9%-11.6%)	1,386 (962-1948)	792,857 (550883-1108777)	4.3% (3.2%-5.6%)	1,386 (962-1948)
Bipolar disorder	87,381 (58009-121755)	1% (0.7%-1.4%)	135 (87-189)	87,381 (58009-121755)	0.5% (0.3%-0.6%)	135 (87-189)

Condition	YLDs (Years Lived with Disability)			DALYs (Disability-Adjusted Life Years)		
	Number	%	Age-standardized rate (per 100,000)	Number	%	Age-standardized rate (per 100,000)
Depressive disorders	793,025 (550196-1063873)	8.9% (7.3%-10.7%)	1,342 (926-1821)	793,025 (550196-1063873)	4.3% (3.4%-5.4%)	1,342 (926-1821)
Other mental disorders	81,319 (54287-116066)	0.9% (0.7%-1.2%)	110 (72-159)	81,319 (54287-116066)	0.4% (0.3%-0.6%)	110 (72-159)
Schizophrenia	120,805 (89642-150696)	1.4% (1%-1.8%)	173 (127-218)	120,805 (89642-150696)	0.7% (0.5%-0.8%)	173 (127-218)

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Change overtime

Summary of total number change by measure and mental disorder condition for the South East; 1990-2023

Measure	1990	2013	2018	2023	% change between 2018-2023	% change between 2013-2023	% change between 1990-2023
Prevalence							
Mental disorders	1,125,091 (1,032,563-1,222,506)	1,448,410 (1,353,652-1,547,061)	1,621,909 (1,503,510-1,726,071)	2,158,018 (1,980,199-2,341,278)	33.1%	49.0%	91.8%
Schizophrenia	25,128 (21,243-29,462)	29,665 (25,297-34,534)	31,574 (26,895-36,979)	33,195 (28,510-38,784)	5.1%	11.9%	32.1%
Depressive disorders	320,731 (281,197-358,908)	433,442 (404,851-463,891)	497,596 (468,573-523,412)	695,468 (650,941-741,376)	39.8%	60.5%	116.8%
Bipolar disorder	54,148 (46,849-62,339)	62,286 (53,680-71,353)	65,203 (56,216-74,454)	67,881 (58,446-77,358)	4.1%	9.0%	25.4%
Anxiety disorders	421,633 (343,555-505,278)	595,503 (511,253-693,047)	704,708 (603,821-799,820)	1,111,421 (935,122-1,323,313)	57.7%	86.6%	163.6%
Other mental disorders	136,929 (109,821-169,765)	167,387 (134,544-207,133)	177,027 (142,416-218,896)	185,758 (149,569-229,521)	4.9%	11.0%	35.7%
YLDs (Years Lived with Disability)							
Mental disorders	170,089 (125,700-220,065)	222,254 (162,593-289,775)	251,375 (186,806-329,659)	340,145 (249,605-444,951)	35.3%	53.0%	100.0%
Schizophrenia	15,874 (11,610-19,785)	18,617 (13,729-23,009)	19,808 (14,923-24,404)	20,663 (15,474-25,760)	4.3%	11.0%	30.2%
Depressive disorders	57,312 (39,354-79,280)	78,732 (55,521-106,219)	91,362 (64,267-124,584)	130,421 (90,182-176,095)	42.8%	65.7%	127.6%
Bipolar disorder	11,603 (7,668-16,190)	13,270 (8,640-18,674)	13,841 (8,974-19,163)	14,274 (9,295-20,262)	3.1%	7.6%	23.0%
Anxiety disorders	49,353 (34,685-70,023)	69,317 (47,589-97,019)	82,088 (57,545-115,115)	129,014 (89,541-182,804)	57.2%	86.1%	161.4%
Other mental disorders	10,069 (6,668-14,479)	12,259 (8,200-17,591)	12,920 (8,577-18,337)	13,463 (9,041-19,265)	4.2%	9.8%	33.7%

Measure	1990	2013	2018	2023	% change between 2018-2023	% change between 2013-2023	% change between 1990-2023
DALYs (Disability-Adjusted Life Years)							
Mental disorders	170,110 (125,714-220,080)	222,337 (162,656-289,862)	251,463 (186,878-329,724)	340,263 (249,701-445,075)	35.3%	53.0%	100.0%
Schizophrenia	15,874 (11,610-19,785)	18,617 (13,729-23,009)	19,808 (14,923-24,404)	20,663 (15,474-25,760)	4.3%	11.0%	30.2%
Depressive disorders	57,312 (39,354-79,280)	78,732 (55,521-106,219)	91,362 (64,267-124,584)	130,421 (90,182-176,095)	42.8%	65.7%	127.6%
Bipolar disorder	11,603 (7,668-16,190)	13,270 (8,640-18,674)	13,841 (8,974-19,163)	14,274 (9,295-20,262)	3.1%	7.6%	23.0%
Anxiety disorders	49,353 (34,685-70,023)	69,317 (47,589-97,019)	82,088 (57,545-115,115)	129,014 (89,541-182,804)	57.2%	86.1%	161.4%
Other mental disorders	10,069 (6,668-14,479)	12,259 (8,200-17,591)	12,920 (8,577-18,337)	13,463 (9,041-19,265)	4.2%	9.8%	33.7%

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